Peg ‘O’ My Heart

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Music: Peg ‘O’ My Heart  [Cha Cha Carnival  DLD 1023 Track 11]
Phase: V
Released: October 2010  Speed: As Per CD
Footwork: Opposite unless Woman’s footwork and/or position is shown in parentheses.
Rhythm: Cha Cha  Time: 2.49
Sequence: Intro A B C A B End

INTRODUCTION

1-4  WAIT 2 MEAS;; SWEETHEARTS TWICE-LADY TURN TO FACE;;
     1-2 In Left Shadow Facing The Wall Wait 2 Measures;; [Man’s Left/Ladies Right Foot Free, No hands]
     3-4 Chk fwd L (with contra body action), rec R, sd L/cl R, sd L; (W Chk bk R, rec L, sd R/cl L, sd R;)
         Chk fwd R (with contra body action), rec L, sd R/cl L, sd R; (W Chk bk L, rec R, sd L/cl R, sd L;)
         (To B’Fly)

PART A

1-4  FULL BASIC;; OPEN HIP TWIST; FAN;
     1-2 Fwd L, rec R, sd L/cl L, sd L; bck R, rec L, sd R, cls L, sd R;
     3  Fwd L, rec R, sd L/cl L, sd L; (Lady bck R, rec L, fwd R/fwd L, fwd R swivel ¼ RF on R;)
     4  Bk R, rec L, sd R/cl L, sd R; (Lady fwd L, fwd R ½ trn left, bk L/lck R in frnt, bck L leaving R
         extended fwd with no weight;)

5-8  ALEMANA;; CRAB WALKS;;
     5-6 Fwd L, rec R; sd L/cl L, sd L; bck R, rec L, sd R/cl L, sd R; (Ldy cl R, fwd L, fwd R/cl L, fwd R
         comm. RF swiv; con RF trn und jnd ld hnds fwd L, con RF trn fwd R, fwd/cl L, sd;)
     7-8 Cross R in frnt of L, sd L, cross R in frnt of L/sd L, cross R in frnt of L; sd L, cross R in frnt of L,
         sd L/cl L, sd L;

9-12  FENCeline; Aida; SWITCH Rock; SPOT TURN;
     9  Cross lunge thru with L, with soft knee action looking in the direction of the lunge,
         rec trng to fce ptrr, sd/clse, sd;
     10 Trn LF sd L to fc ptr chk & bring joined hnds thru, rec R, in-place L/R, L;
     11 Cross R in frnt trng on crossing ft one half, rec L trng to fce ptrn, sd R/cl L, sd L;

13-16  FULL CHASE;;;
     13-16 Fwd L comm. RF trn 1/2, rec fwd R, fwd L/cl R, fwd L; (W bk R no trn, rec L, fwd R/cl L, fwd R;)
         fwd R comm. LF trn 1/2, rec fwd L, fwd R/cl L, fwd R; (W fwd L comm. RF trn ½, rec fwd R,fwd
         L/cl R, fwd L;) fwd L, rec R, bk L/cl R, bk L; (W fwd R comm.; LF trn ½, rec fwd L, fwd R/cl L,
         fwd R;) bk R, rec L, fwd R/cl L, fwd R; (W fwd L, no trn, rec R, bk L/cl R, bk L;)

PART B

1-4 BREAK BACK TO OPEN; PROGRESSIVE WALK; SLIDING DOORS;
1 Bhd L trng to fce line, rec fwd R, fwd L/cl R fwd L;
2 Fwd R, fwd L, fwd R/cl L, fwd R;
3-4 Rk sd L, rec R, XLIF/sd R, XLIF: Rk sd R, rec L, XRIF/sd L, XRIF;

5-8 CIRCLE CHA;; WHEEL;;
5-6 Circle CCW (W fwd CW) fwd L, fwd R, fwd L/cl R, fwd L; fwd R, fwd L, Fwd R/cl L, fwd R;
[To end in BJO with free hand on hip]
7-8 Wheeling CW Fwd L, fwd R, fwd L/cl R, fwd L; fwd R, fwd L, Fwd R/cl L, fwd R;
[To end in Closed Position;]

9-12 CROSS BODY;; CUCARACHAS TWICE;;
9-10 Fwd L, rec R starting LF trn to lead lady across, sd L/cl R, sd L; bk R cont. LF trn, sd L, sd R/cl L, sd R; [To Low B’Fly] (Bk R, rec L, fwd R/cl L fwd R; start LF trn fwd L, cont. trn, sd R/cl L, sd R, sd L;)
11-12 Sd L, rec R, in-place L/R L; sd R, rec L, in-place R/L R;

13-16 SIDE WALKS;; CROSS BODY;;
13-14 Sd L, cl R, sd L/cl R, sd L; cl R, sd L, cl R/sd L, cl R; [To Closed Position]
15-16 REPEAT MEAS. 9-10 PART B [To B’Fly]

PART C

1-3 DOUBLE CUBAN BREAKS;; SPOT TURN;
1-2 XLIF/rec, sd L/rec, XLIF/rec, sd L; XRIF/rec, sd R/rec. XRIF/rec, sd R;
3 Cross L in fmt trng on crossing ft one half, rec R cont. trn to fce ptnr, sd L/clse R, sd L;

4-6 DOUBLE CUBAN BREAKS;; SPOT TURN;
4-5 XRIF/rec, sd R/rec, XRIF/rec, sd R; XLIF/rec, sd L/rec. XLIF/rec, sd L;
6 Cross R in fmt trng on crossing ft one half, rec L cont. trn to fce ptnr, sd R/clse L, sd R;

7-8 SHOULDER TO SHOULDER TWICE;;
7-8 In B’Fly fwd L to B’Fly scar, rec R to fce, sd L/cl R, sd L; (Lady bk R to B’Fly scar, rec L to fce, sd R/cl R, sd R;) repeat to opposite direction.

REPEAT PART A

REPEAT PART B [To finish in a Hand Shake Hold]

END

1-4 FLIRT;; SWEETHEARTS TWICE-LADY TURN TO FACE;;
1-2 Fwd L, rec R, sd L/cl R, sd L; (W rock bk R, rec L trng LF, cont trn to Varsouvienne position sd R/cl L, sd R;) bk R, rec L, sd R/cl L, sd R; (Bk L, rec R, sd L/cl R, sd L;)
(To Left Varsouvienne. Position)
3-4 REPEAT MEAS. 3-4 of Introduction

5-6 CUCARACHA: ROCK SIDE RECOVER CLOSE & POINT;
5 Sd L, rec R, in-place L/R L;
6 Sd R, rec L, in-place R/Point L;